

NW FIGHTSCENE MAGAZINE SUMMER 2006

nw FIGHTSCENE

THE NORTHWEST'S PREMIER FIGHTLIFE & NIGHTLIFE MAGAZINE

MATT HUME

GODFATHER OF PANKRATION

MARCELO ALONSO

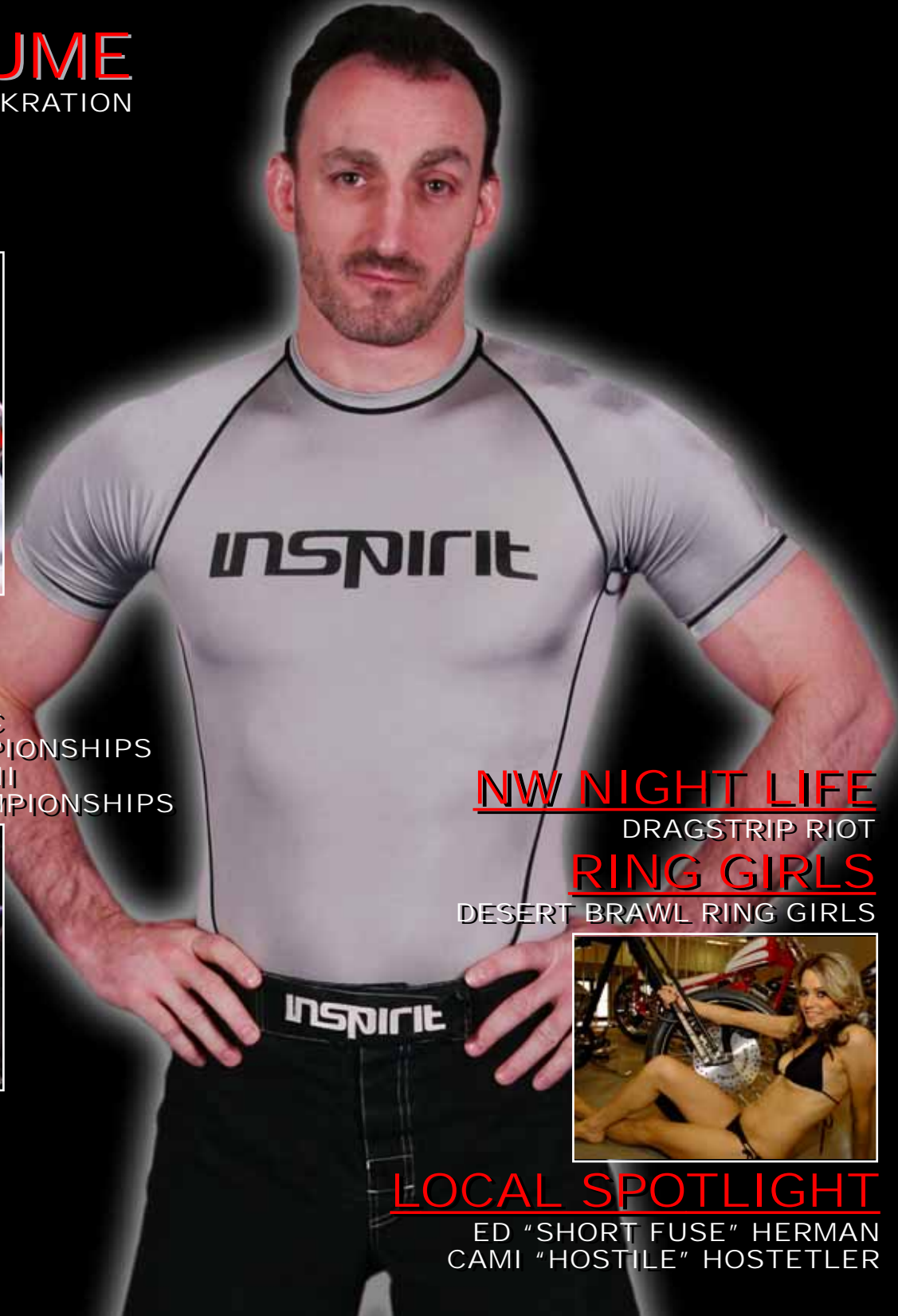


EVENTS

SPORTFIGHT 15
AMATEUR PRIDE FC
X-FIGHTING CHAMPIONSHIPS
DESERT BRAWL XVII
AX FIGHTING CHAMPIONSHIPS



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NW NIGHT LIFE

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Welcome to the next generation of pop culture. We couldn't be more excited as we embark on this new journey called NW FightScene Magazine (NWFS). For decades, local bands have had publications that covered their events and took an inside look at stand out performers. A good portion of our staff has a long history working with these publications as advertisers and contributors. We've also been long time fans of local pankration and kickboxing events held in the Northwest. Seeing fights on TV is great, but nothing compares to the spectacle of seeing these warriors compete in person, with the crowd so pumped you can feel the energy.

As the sport of Mixed Martial Arts (MMA) grows, the new & novice fans need to be educated to get the most enjoyment out of it. Luckily, there are a few great MMA mags distributed nationally, but we don't get to read about our local fighters in them too often. For some reason, local area newspapers never cover any of the local MMA events, no matter how much we all petition them to. With the rich history here, it's time our local fight industry gets the recognition it deserves.

Enter NW FightScene... Now you can keep up-to-date on the local fighters you love to cheer for. You can show your friends what the hell they're missing out on with this magazine, and more of them will come to local events. The Great Northwest has long been a Mecca of martial arts champions, and with the international explosion in MMA's popularity, more of its athletes than ever have an opportunity to make a living in the sport. Our job is to catch 'em on the rise, in their prime, and as they compete.

To have our first edition feature Matt Hume, The Godfather of Pankration/MMA, is an epic start for NWFS. Couple that with a feature on Carlson Gracie's legendary student & assistant instructor Marcelo Alonso, and we have ourselves a publication to be reckoned with. No, we won't be leaving the music world behind, we'll actually be bringing it to you right here in these pages as well! We'll start our NightLife section off with one of Seattle's all-time top drawing acts on their way to stardom, DragStrip Riot.

Be sure to keep your eyes on our website (www.NWFightScene.com) as well. We can't squeeze every event into each magazine, so our site will bring you additional pictures, results, and interviews throughout the year. You can also find out how to contribute editorials, interviews, and photos to NWFS at our site.

Many thanks are in order here, and props are deserved. First and foremost, a huge thanks goes out to the NWFS staff. Your hard work really shines in this first issue. Then to Mr. Charles Pearson & Aric Wiseman, the very first promoters to work with our team, we appreciate you both (and your community) more than words can express. To Matt Hume & Marcelo Alonso for allowing us into their worlds and helping create a truly credible and captivating first edition. JT Taylor, Chris Cope, Marv Treadwell, all the fighters, gyms, and promoters that have supported us, we are honored to work with you all. And finally...thanks to YOU, the reader, for supporting this vibrant scene.

Now, let's get to the good stuff shall we?!

See you at the fights,
Mike Hoernlein



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NW Legends

Interview by Chris "The Rolling Reporter" Hoernlein



true champion!

Godfather of Pankration

For those who may not know Matt Hume, he is a parent, fighter, coach, judge, referee, and an ambassador of Mixed Martial Arts not only in the Northwest, but throughout the world. He is a soft-spoken man that just happens to be one of the best Coach/Trainers on the planet today. He is a walking Encyclopedia of knowledge and is easily approachable for his students, fans and reporters alike. Join us in learning more about this fascinating man...

NWFS: Where did you grow up? Tell us a little about your family while you were growing up...

Matt Hume: I grew up in Kirkland, Washington. My father was a Seattle police officer, Mom stayed home with us until we were teenagers, then worked as a nurse. I have one sister who is a year older than me. I had a very nice stable childhood. My parents were and are happy and still live in the home we grew up in. There were lots of kids close to my age in the neighborhood. It was a nice place to grow up.

NWFS: What was your previous experience in competitions growing up, and how did that evolve into your interest in Pankration / MMA?

Hume: I participated in many sports: soccer, basketball, baseball, wrestling, track, boxing, karate, etc. The area I grew up in was very good in sports, with great athletes and coaches. I learned to be a competitor and athlete from a young age.

NWFS: Who was your biggest influence in martial arts?

Hume: As a child, Bruce Lee. As an adult, Haru Shimanishi and Maurice Smith in Muay Thai. Funaki, Suzuki and Ken Shamrock in Pancrase. The Gracie family and John Lewis for their overall influence in the evolution of fighting and teaching.

NWFS: What did you do for a living before MMA?

Hume: After graduating from college, I worked in finance while I started a Pankration gym that eventually became AMC.

NWFS: What was your first MMA fight like?

Hume: I outgrew my first pair of 4 oz boxing gloves at about 11 years old, so I duct taped them to my feet and the other pair to my friends feet, put on our new 10 oz gloves, went into the back yard and fought MMA before the word MMA was ever made up by some reporters.



Matt with a flying armbar on Chris Leben.

NWFS: Tell us about your pre & post-fight rituals.

Hume: Pre-fight, I like to sleep and visualize. Post fight, I like to go home and see my family and friends.

NWFS: If you were to introduce yourself to someone that has never seen you fight before, what fight of yours should they see first?

Hume: The last one in AFC against Shawn "Pain" Peters is the most current. However, I would say come to the gym if you really want to know me or anyone else. Watching a fight doesn't really tell you about a person.

NWFS: When you competed in Pancrase, did you ever see this sport becoming as popular here in the US as it has, or has it reached your vision yet?

Hume: The "sport" is still very undeveloped and unorganized. It hasn't come close to my vision.

NWFS: Who was your toughest opponent as a competitor?

Hume: Collegiate wrestling was the toughest competitive experience. There were too many to name just one. In MMA, Eric Paulson was the most difficult match.

NWFS: You are a mentor and teacher to many fighters, who is your mentor/teacher?

Hume: My parents taught me the most important things by example.

NWFS: Any funny experiences or horror stories from those early days?

Hume: I have so many memories of all types from the past 20 years. One that comes to mind is following

Bas Rutten on the subways and streets of Tokyo with baldhead wigs on. A group of us from Pancrase bought them from a Halloween store and kept them in our pockets. When we went out with Bas, every time we were behind him, we put on the baldhead wig without Bas knowing it. The Japanese citizens were pretty entertained and must have thought we were a Bas cult. Bas had a good laugh and took lots of pictures when he finally caught on to what we were doing.

NWFS: What's easier to remember as a fighter... all of your wins, or all of your loses?

Hume: I remember every fight just as easily as the other regardless of the outcome.

NWFS: For those "in the know", how's your knee?

Hume: No Problems.

NWFS: Do you feel you have one or two more big fights left in you, or are you officially retired from competition?

Hume: I feel great and wouldn't feel limited to only 1 or 2 big fights. I am not officially retired from fighting but I am currently too busy to consider fighting.

NWFS: How do you deal with a win / loss as a fighter or coach?

Hume: Winning or losing doesn't mean anything. If you don't fight a perfect fight, then you have things to improve on and learn from. After a fight, I look at what can be improved without regard to the outcome.

NWFS: From your experiences, what is the strongest martial art base to have when entering MMA?

Hume: Strong character with a desire to be the best and never give up is more important than a background in one style.



NW Legends



"Raw talent and desire mean nothing without perseverance, dedication and discipline."

NWFS: Tell us about your working relationships with the schools/gyms from the NW that are part of this growing fight community.

Hume: Most of them have trained under me or my students and copy the promotions that Kirk Jensen, Aric Wiseman and I started in the 90's. I support and work with the ones who show respect and responsibility for the past and future of MMA and steer clear of the irresponsible ones.

NWFS: How many students of yours have gone on to open their own gyms?

Hume: I don't know the exact number. Offhand, I would estimate 10 to 15.

NWFS: How is it that you became such an integral part of Pride FC?

Hume: Yuji Shimada invited me to be a judge and it started from there.

NWFS: What's it like judging, knowing that if the fans don't like the outcome, they'll be judging you?

Hume: That has never crossed my mind. I just try to do the best I can. It's a great job.

NWFS: Is it hard to really enjoy the whole fight if you are keeping score on it the whole time?

Hume: Yes, I take it very seriously and can't look at it for enjoyment the same as a fan.

NWFS: Do you see Pride and the UFC swapping more talent back and forth in the near future?

Hume: Anything is possible, but there are a lot more issues than just wanting it to happen

NWFS: Has the UFC ever approached you to work with them as well, or are you exclusively with Pride?

Hume: I'm loyal to PRIDE but not exclusive. I also train UFC and K-1 fighters.

NWFS: Where do you see MMA in five years?

Hume: I think the large organizational champions will be common knowledge and people in general will know about it. More money and more popularity but unfortunately that also increases corruption and bad elements. I see it being similar to the growth of boxing. However, MMA will have a much larger grass roots than boxing did since so many individual martial arts associate with it.

NWFS: Do you think top organizations will ever attempt to unify belts?

Hume: Yes.

NWFS: What fighters do you enjoy watching the most?

Hume: Chute Boxe and AMC fighters.

NWFS: Name the current top competitor worldwide in each weight class as you see it

Hume: I think Pride's champions are considered the best. However, the weight classes are not the same in all the organizations.

NWFS: Name 3 matchups you'd love to see right now.

Hume: Fedor vs. Wanderlei would be wild. I'd like Sakurai to rematch Gomi when he is healthy; he had a very serious knee injury just before the Bushido Grand Prix finals. I'd like to battle Rickson Gracie in a hot dog eating contest.



"I'd like to see Amateur Pride grow in a similar manner to golden gloves for boxing, and spread worldwide."

Matt Hume

NWFS: Please, educate us fans on how Pankration / MMA became legal in Washington State. There must have been key individuals that worked very hard for the movement; can you tell us about this historic time?

Hume: The former boxing commission tried to shut us down and I talked to some friends in high places. When I called to check on the status, I was informed that the boxing commission was no more, and the DOL was forming an ad hoc committee with me. I met with the DOL, proposed the rules that my organization was sanctioning, and worked with them through the codifying and legislative processes.

NWFS: Predict the future of MMA as a team sport.

Hume: I hope the team sport concept is successful and attracts new fans, but MMA is individual so it will be a tough sell.

NWFS: Please tell us about Amateur Pride and your goals for this amazing series of events.

Hume: I would like to see it grow in a similar manner to golden gloves for boxing, and spread worldwide.

NWFS: With the final testing phase [almost] completed, do you see an evolution for Amateur PRIDE in the US, particularly Washington State?

Hume: Definitely.

NWFS: Can you name some standout competitors from these events and how they may evolve with Pride FC?

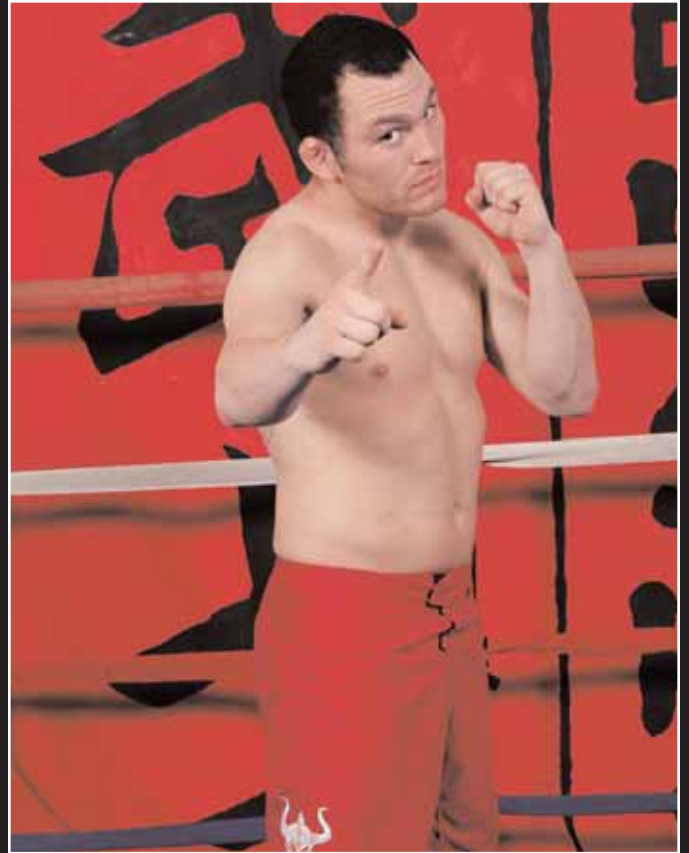
Hume: Everyone who competes is a standout to me. The purpose of these events is to gain experience and let the sport grow at all levels, not to focus on individuals who *may* fight in PRIDE someday.

NWFS: Tell us a little bit about your facilities here.

Hume: It's about 4000 square feet. We've had this gym here for 15 years. It originally started as AMC Kickboxing. We have a sister school in Hawaii and one in Auburn where we hold our fights. That facility is about 20,000 sq feet and it incorporates a fitness center as well.

NWFS: How many pro fighters do you have in training?

Hume: Well, there's never a set number. We have a lot of guys coming here to get ready for fights and we are the official training center for Pride, so Pride constantly is sending people here so we see them all the time. Sakurai, Shoji and K-1 send people here. Sam Greco, Bob Sapp... there's constantly lots of people flowing through here.



Chris "The Crippler" Leben

NWFS: What is it like training with Matt Hume?

Chris Leben: Well, it's definitely a lot different than what I'm used to. I'd say probably the biggest thing would be the individual attention that I get here, Matt really focuses a lot on his pro fighters and I get a lot of one on one time with him. The second biggest thing would be the intensity... I've never seen someone that's come up here and trained with Matt and not been like "Holy smokes! That's the hardest most intense training that I've ever done in my life".

NWFS: Has there been anything that he's changed in your fight game? Has he found any weaknesses that he's worked on or had he just added to your whole?

Chris Leben: Well you know, that's the thing with fighting is you are always trying to improve. We are constantly working on everything. I'd say the biggest thing that sticks out most to me would be tying everything together in my fight game... My transitional phases I think have been improved immensely since I've been here.

NWFS would like to thank Matt, Chris and Jennifer Hua for their time in this interview and photo shoot. To learn more about AMC and Matt Hume, please visit the AMC website at www.pankration.com.

Amateur Pride

Review by Marc Forsyth



The venue was packed at Vision Quest Fitness Center in the heart of The Supermall in Auburn, WA as several of the best up-and-coming fighters in the Northwest came to display their fighting prowess in pursuit of becoming the next Pride FC superstar. **Matt Hume** and the Pride FC executives put together an incredible 15 fight show that truly delivered! Notables in attendance included current Pride fighter and former UFC heavyweight champion **Josh Barnett**, UFC veterans **Drew Fickett**, **Dennis Hallman** and **Chris Leben**, K-1 veteran and actor, **Bob Sapp**, UFC legend and current IFL coach **Maurice Smith**, and **Andy Greer** of the UK's Cage Rage.



Paul Daley with Pride exec, Hideki Yamamoto

In the evening's main event, **Paul "Semtex" Daley**, fighting out of the Rough House Gym in the UK, showed no fear by opening the bout with a high kick that just missed Gibson Pankration's **Blake "The Snake" Fredrickson**. **Fredrickson** countered by quickly getting a double-leg and landing in **Daley's** guard where he delivered strikes to the head and body of **Daley**. After a wild scramble, **Fredrickson** began to sink a standing guillotine which **Daley** was able to escape. Seeming even more eager to win, **Daley** threw out high kicks keeping **Fredrickson** back. **Daley** showed his awesome wrestling skills when he stuffed **Fredrickson's** takedown attempt. He then slammed his fist into the **Fredrickson's** face a few more times before the bell. In the second round, **Daley** worked the legs of **Fredrickson** with numerous thigh kicks until **Fredrickson** put **Daley** down with a vicious slam. The fight stood back up and **Fredrickson** fell back with a nice armbar attempt as the final bell rang. However, it was Daley who won the bout by Split Decision.

Paul "Semtex" Daley delivers a kick to Blake Fredrickson.



Brawl at the Mall 2

Photography by Mike Renouard



In a Battle of the AMC Schools, Kirkland's **Otoniel Gallegos** took on Auburn's **Bobby Brokenshire**. After some resistance from his opponent, **Brokenshire** got the takedown resulting in him having **Gallegos** in side control. **Brokenshire** worked to take **Gallegos'** back but then decided to resort to some ground and pound. After the fight was stood up, **Brokenshire** shot in for a takedown but got caught in a standing guillotine. He pushed through and got the takedown to side mount as

the round ended. In Round Two, **Gallegos** came out with a takedown to side mount into the ropes. **Brokenshire** showed great jiu-jitsu skill when he reverses into top guard. **Gallegos** then went for an armbar, but **Brokenshire** slammed out of it. This brought an eruption of cheers from an appreciative audience. Working for position, **Brokenshire** got the mount but **Gallegos** snuck out the back just before the bell rang. It was Bobby Brokenshire's night in the end as he took the win by Decision.

Another battle of the AMC schools took place as Kirkland's **Zach Mukai** took on Auburn's **Luke Pitman**. In the first round, **Pitman** picked **Mukai** up and slammed him to the mat landing in his guard. The fight went back to the feet and serious blows were exchanged back-and-forth. **Mukai** replicated **Pitman's** first move and slammed into **Pitman's** guard. **Mukai** threw some punches and got half-guard. In an attempt to stand up, **Mukai** picked up **Pitman** and slammed him onto the ropes where **Pitman** is then able to work for a kimura before switching to a triangle attempt as the round ends. After the break, **Mukai** came out landing a high kick to **Pitman's** head which brought gasps from the crowd. **Pitman** pulled guard only to eat a heavy hand of **Mukai**. The fight returned to stand-up where **Pitman** returned the favor by landing a high kick to the head of **Mukai** and then slammed **Mukai** into half-guard. After an exciting fight, the winner by Decision was **Luke Pitman**.



AMC Kirkland's **Brent Knopp** and Northwest Fighters' **Israel Velasco** brought an exciting kickboxing bout in which **Knopp** controlled the first round by landing power punch after power punch. In the Second Round, **Knopp** came out looking aggressive and eventually put **Velasco** to the mat with a big heavy-handed bomb. There appeared to be some bad blood between the warriors when **Velasco** shoved **Knopp** backwards as he stood up. During the heated battle of round three, **Velasco** land-

ed a stunning kick to the side of **Knopp's** head, sending **Knopp** briefly to the mat. In the end, the Unanimous Decision was awarded to **Brent Knopp**.



"Celebrities Night Out"

Matt Hume once again put together one of the most successful, well-organized events in the nation. The Pride FC executives and celebrities in attendance showed much class and were more than hospitable to the Northwest MMA fans.

Amateur Pride FC / Brawl at the Mall 2

Caros Fedor vs Jason Perry
Perry by Unanimous Decision

Steve Skidds vs Hyun Im
Skidds by Ref Stoppage (Strikes): Rd 1

Tim Davis court vs Jett Laffeyette
Laffeyette by Ref Stoppage (Strikes): Rd 1

Aaron Park vs Shawn Pilcher
Pilcher by KO: Rd 1

Jeremy Burnett vs Jason Healy
Healy by Unanimous Decision

Sean Wade vs Taurean Washington -
Kickboxing
Washington by Split Decision

Michael Wanaka vs Abraham Velasco
(Gladiator Challenge Match)
Velasco by Unanimous Decision

Otoniel Gallegos vs Bobby Brokenshire
Brokenshire by Decision

Anthony Matney vs Bruce Larson
Matney by KO: Rd 1

Dominic Khilstrand vs Roque Martinez
Khilstrand by Split Decision

Brent Knopp vs Isreal Velascoo - Kickboxing
Knopp by Unanimous Decision

Zach Makai vs Luke Pitman
Pitman by Decision

Paul Daley vs Blake Fredrickson
Daley by Split Decision

Keep current on Amateur Pride FC events at the AMC website (www.pankration.com).

X - Fighting

Two nights of fights at the Tacoma Dome

Review by Chris "The Rolling Reporter" Hoernlein

It truly was a special weekend for fight fans of the NW as KO Sports Promotions and USA MMA presented not one, but two nights of full-contact cage fighting in the Tacoma Dome this past May 19th & 20th.

On Friday, USA MMA in conjunction with KO Sports Promotions held the Pacific Northwest Invitational which was an all-amateur affair showcasing some of the best up-and-coming fighters of the Northwest and which included two USA MMA title bouts. In the Welterweight Championship, Gabriel "Genesis" Miranda fighting with Team Hardcore out of Boise won his belt with a decisive victory in Round 1 by TKO (strikes) over James Marohl. The final fight of the night was a thrilling battle that had Team Quest's Scott "The School Teacher" Trayhorn picking up the USA MMA Middleweight Title by beating Will "The Thrill" Courchaine via Rear Naked Choke midway through Round 3.

USA MMA Pacific NW Invitational

Dean Henderson vs Shawn Pilcher
Henderson by Verbal Submission: Rd 2

Steve Storwick vs Nick Burnett
Storwick by Tapout/Guillotine: Rd 2

Gene Bond vs Nate Burgess
Bond by Tapout/Rear Naked Choke: Rd 1

Matt May vs Nick Johnson
May by TKO/Ref Stoppage: Rd 2

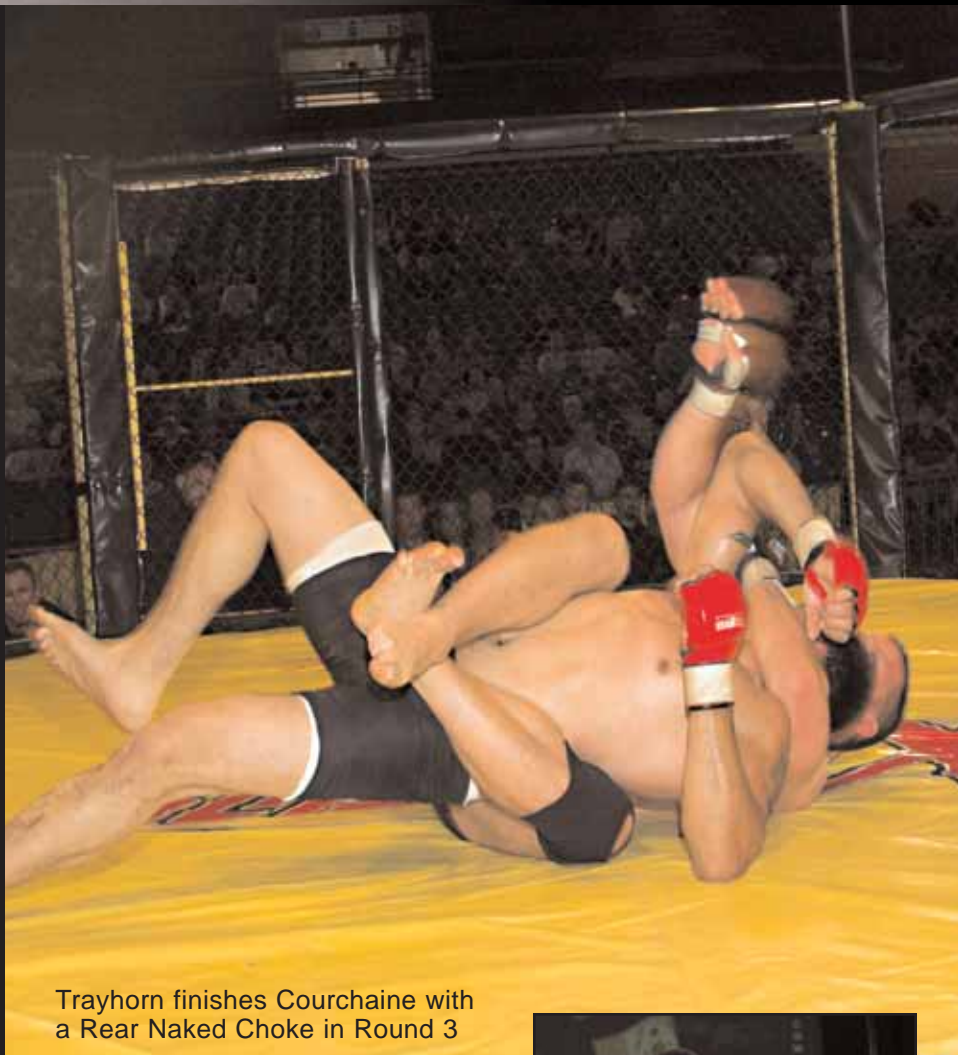
Tyler Michaelis vs Eddie Lowder
Michaelis by Rear Naked Choke: Rd 1

Chris Dickerson vs Carmen Cassella
Dickerson by Tapout/Armbar: Rd 1

Jason Pierce vs Carl Lawler
Pierce by TKO/Ref Stoppage: Rd 1

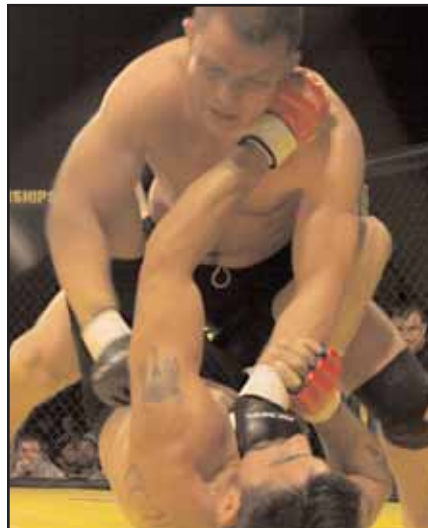
USA MMA Welterweight Title Bout
Gabriel Miranda vs James Marohl
Miranda by TKO/Ref Stoppage: Rd 1

USA MMA Middleweight Title Bout
Scott Trayhorn vs Will Courchaine
Trayhorn by Rear Naked Choke: Rd 3



Trayhorn finishes Courchaine with a Rear Naked Choke in Round 3

USA MMA Welterweight Champion **Gabriel Miranda**



USA MMA Middleweight Championship Title Match **Trayhorn vs Courchaine**

Dome of Destruction

Photography by Mike Rhine, Craig Thomson, & Mike Renouard



XFC Lightweight Championship:

After trading a few leg kicks, **Matt "Mad Dog" Lininger** ducked under **Blake "The Snake" Fredrickson's** jab to get the takedown. Once **Fredrickson** recovered and gained the guard, **Lininger** stood back up bringing the fight back to the feet. Again **Lininger** scored another takedown but **"The Snake"** was able to reverse the position and get himself in the North/South position. But before he was able to do any damage, **Lininger** was able to once again get to his feet. **"Mad Dog" Lininger** was determined to slam **"The Snake"** one more time but

Fredrickson was ready to defend the takedown attempt and caught **Lininger** in a fight-ending guillotine choke.

XFC Welterweight Championship:

With a combined 91 fights of experience entering the ring, all in attendance were about to see two world class athletes going head to head. Both fighters started off by trading leg kicks and jabs in attempts to feel each other out and wait for an opening. **Cedric "Spiderman" Marks** did just that as **"Fast" Eddy Ellis** missed a leg kick and as his body turned **Marks** capitalized with a great one two combo that momentarily stunned **Ellis**. He recovered however and imposed his ground game by taking **Marks** to the mat with a high crotch slam that brought cheers from the crowd. From side control, **Ellis** started to hit **Marks** with elbows and punches which cut **Marks** wide open on the top of his head. It was then **Ellis** went for an armbar that **Marks** amazingly escaped and which brought the fight and the crowd to their feet. After a quick look at **Marks'** cut, the ringside doctor let the fight continue and with the round coming to an end and the crowd chanting **"Eddy"**, **Ellis** responded by scoring



another big takedown as time ran out. As the fighters answered the bell for Round 2, the feeling-out process began once again since both fighters had tasted each other's power. **Marks** was gaining the advantage with his quick hands so **Ellis** took him down, where the fight ended as **"Fast" Eddy** took **Marks'** back to win with the rear naked choke.



On Saturday, it was the pros turn to provide the action and they did not disappoint.

Seven thrilling pro fights were held, including the X-Fighting Championships Lightweight and Welterweight title bouts (reviewed here). The event ended with four class "A" amateur bouts and included the USA MMA Lightweight Championship won by 5-Deuce Fight Team's Johnny Hoffman.

Be sure to check out the XFC website (www.xfightingchampionships.com) and the USA Mixed Martial Arts website (www.usamma.org) for all the latest news on their upcoming events. Check out NWFightScene.com for more great photos of all the fights from these 2 nights.

Dome of Destruction IV

Wilf Betz vs Zach Lari
Betz by Triangle Choke: Rd 1

Brandon Olson vs Travis Bush
Olson by Rear Naked Choke: Rd 1

Paul Purcell vs Justin Davis
Purcell by Side Choke: Rd 2

Cory Devela vs Nick Tyree
Devela by Rear Naked Choke: Rd 1

Wesley Welch vs Ray Perales
Welch by Triangle Choke: Rd 2

XFC Lightweight Championship
Blake Fredrickson vs Matt Lininger
Fredrickson by Guillotine: Rd 1

XFC Lightweight Championship
Eddy Ellis vs Cedric Marks
Ellis by Rear Naked Choke: Rd 2

Jeremy Bennett vs Timothy Tripplett
Bennett by Guillotine: Rd 1

Justin Gardner vs Josh Chaaf
Gardner by TKO: Rd 1

Mykal "Bolo" Clark vs Scott Aragon
Clark by TKO: Rd 1

USA MMA Lightweight Title Bout
Johnny Hoffman vs Arly George
Hoffman by TKO/Ref Stoppage: Rd 1

Gym Spotlight

Written by Marc Forsyth & Mike Hoernlein



"OLD SCHOOL" of Jiu-Jitsu



Marcelo Alonso BJJ

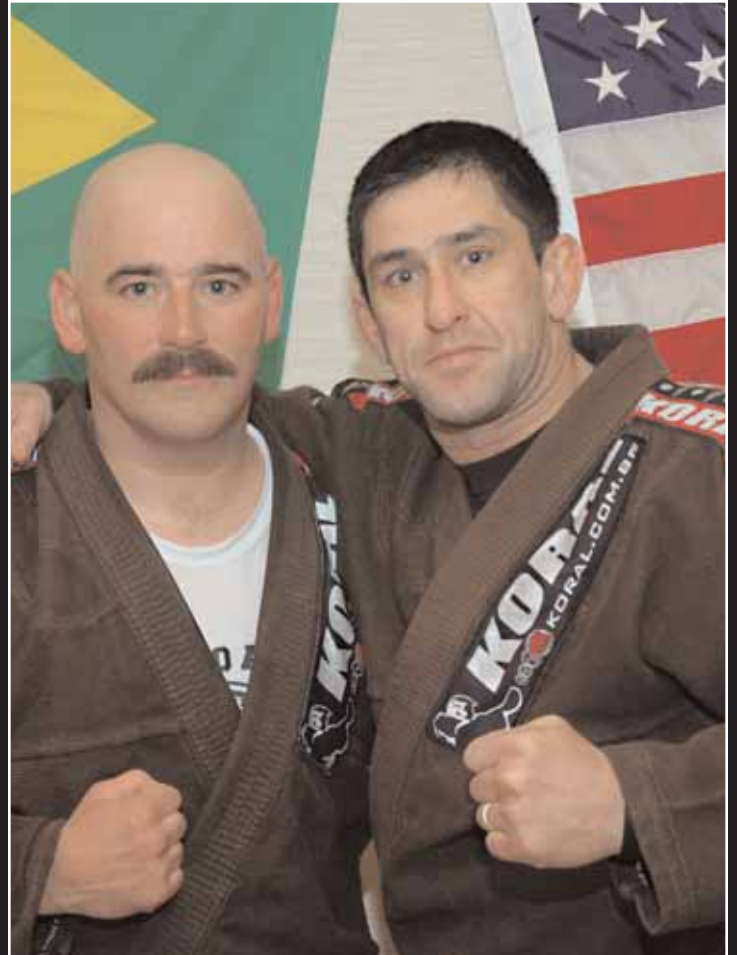
Photography by Mike Rhine & Mike Renouard

A not so well publicized fact is that the Northwest has one of the world's top teachers of Brazilian Jiu-jitsu living here and training some of the region's top MMA fighters. The Marcelo Alonso BJJ Academy, fighting under the Carlson Gracie banner and with two locations in Seattle and Tacoma, is headed by the legendary Marcelo Alonso, whose list of students, past and present, includes some of the best BJJ specialists on the planet.

Marcelo grew up in Brazil, where he befriended a young Carlson Gracie Jr., whose father, Carlson Sr., was already a prominent figure in the world of jiu-jitsu. Marcelo recalled observing Carlson's students after class, with envy, as they wore their uniforms and appeared to be having an endless amount of fun. He eagerly began taking the class when he was eleven years old and has continued his training with the Gracie family for 29 years this December. In what he refers to as the "old-school" of jiu-jitsu, Marcelo remembered when the primary goal of each class was to submit another student.

As a child, Marcelo was graced with the opportunity to train under the likes of Carlson Gracie Sr., Rolls Gracie, Carlos Gracie Jr., Rigan Machado, Rickson Gracie, and Barra Gracie. In his eyes, the best way to train was to learn from all different sides of the family which then would help him to have a more complete, technical game. He was also privileged to train with Renzo Gracie, Wallid Ismail, Murilo Bustamante, Vitor Belfort, and Mario Sperry. In fact, he used to teach Mario Sperry when Sperry was a blue belt in Brazil. Aside from learning from the best, Marcelo has also helped to train the best. Actually, many of the American Top Team fighters, at one time or another, have received instruction from Marcelo Alonso.

From January 1989 to January 1997, Marcelo was Carlson's top instructor in Rio de Janeiro. In that time, he trained over 200 jiu-jitsu champions at all levels of rank. When Marcelo left Brazil to come to the United States, some of his former students missed him so much, they decided to jump from Barra Gracie and American Top Team so they could train with him once again.



Now that Marcelo is done competing himself, he takes pride in coaching his younger athletes. According to Marcelo, he's had *his time* already and he now wants to pass his experience on to the next generation to develop their skills which, in turn, will create a more well-rounded fighter.

Although Marcelo trains his fighters hard so that they can be their best, his teaching style comes with a great sense of humor that makes the training extremely enjoyable. Brown belt Jon Harding, who has trained with Marcelo since '97, had this to say about his comical attitude: "...I think it may be the Carlson side of the family, with Carlson Senior and Junior. They're both funny so maybe that rubbed off on him as well."

According to one of his fighters, Chris Davis, who's been training with Marcelo for about five years, and recently captured Alaska's AFC welterweight title, Marcelo can find a way to explain and teach jiu-jitsu to anyone, regardless of how hard they are to teach. After all, he's had a lifetime of learning and teaching jiu-jitsu.



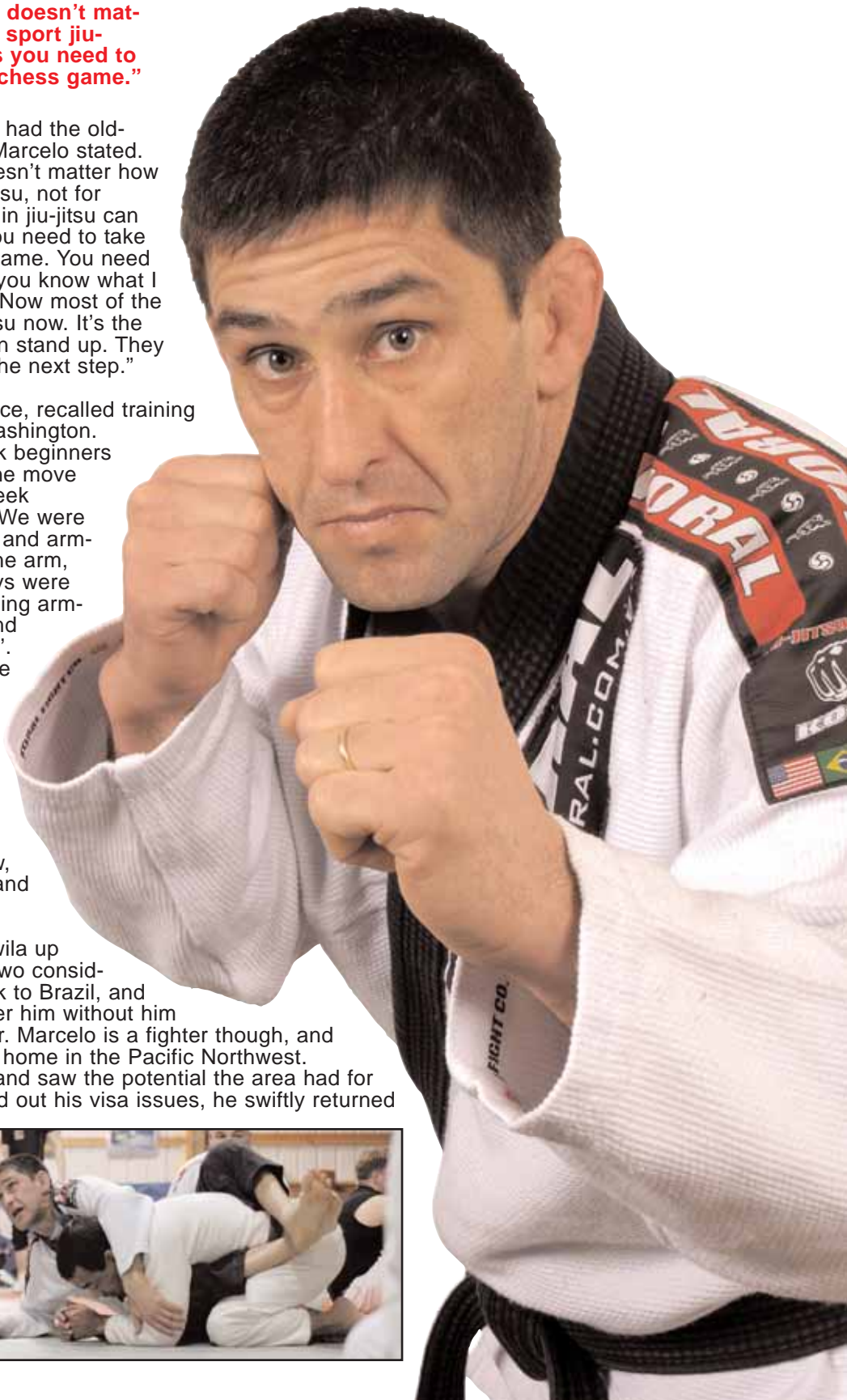
Gym Spotlight

“You go until you tap another guy. It doesn’t matter how long it takes, because this is sport jiu-jitsu, not for strong guys. Sometimes you need to take your time, you need to play the chess game.”

“I started to learn jiu-jitsu when they had the old-school, when they had no time limits”, Marcelo stated. “You go until you tap another guy. It doesn’t matter how long it takes, because this is sport jiu-jitsu, not for strong guys. It’s so little guys who train in jiu-jitsu can win against the big guys. Sometimes you need to take your time, you need to play the chess game. You need to make the bread soft before you eat, you know what I mean, you need to make the guy tired. Now most of the guys cross-train. Most guys know jiu-jitsu now. It’s the same as the jiu-jitsu guys having to train stand up. They have to because they need to jump to the next step.”

Marcelo’s Assistant instructor, Maurice, recalled training with Marcelo when he first arrived in Washington. “Marcelo had a structure. He said, ‘Look beginners learn this. XYZ.’ And we would work one move here... you know, an armbar... For a week straight, we’d do nothing but armbars. We were all purples [belts] at the time you know, and armbar, armbar, armbar, a 1000 reps, on one arm, you know... and finally, some of the guys were saying to Marcelo, ‘Look we’ve been doing armbars, morning class, afternoon class, and night class... doing nothing but armbars’. By midweek we were [begging], ‘Can we see some new techniques besides the armbar?!?’ So he [Marcelo] said, ‘Fine, no problem, show me the armbar.’ So a guy would get an armbar [against Marcelo] and he’d yank it right out. ‘You [next student] show me the armbar’ He’d yank it right out. Next guy same. ‘OK, you guys still need to work the armbar.’” (Laughter) “And you know, we were looking for the flying triangle, and our armbars sucked!!!!” (All Laugh)

After building his first school in Tukwila up to 140 students strong, Marcelo faced two considerable obstacles. He was deported back to Brazil, and his Tukwila gym was sold out from under him without him receiving any compensation whatsoever. Marcelo is a fighter though, and he was determined to return to his new home in the Pacific Northwest. Marcelo had made many close friends and saw the potential the area had for martial arts champions. Once he worked out his visa issues, he swiftly returned to Washington. He started training everyone from Special Forces, to Rangers, to Policemen and, of course, to jiu-jitsu and MMA fighters. Marcelo also helped shape the U.S. Army’s School of Combatives program.



Marcello Alonso BJJ



One of Alonso's students who's also a Seattle Police Officer had this to say about Marcelo: "I'm in a very proactive unit that deals with narcotics and gangs. We get into a lot of scuffles, a lot of fights. Marcelo's ground teachings and his skill techniques are phenomenal because I've put them to use. I've been in about 500 street fights, and out on the street it's all jiu-jitsu."

Marcelo's students all echo the same sentiments about his teaching style. Whether a student's goal is to become a competitive fighter, or simply to lose weight, build confidence, or coordination, Marcelo has the capability of helping each individual meet their personal goals. All are welcome to be a part of this world class team.

Some of Marcelo's personal achievements include:

- 6-time Brazilian Jiu-Jitsu Champion
- 28 1st place, 10 2nd place, and 6 3rd place finishes in jiu-jitsu tournaments
- 4th degree Carlson Gracie Black Belt
- Black belt in Judo
- Led the Carlson Gracie Team in Brazil to multiple championships

Marcelo Alonso's BJJ Academy has 2 locations: in Seattle (4211 Winslow Place North) and in Puyallup (13716-A Canyon Road E). To reach Marcelo's Academy call (206) 618-6024 or email mabjj@hotmail.com. More info can also be found online at www.mabjj.com.



"They need to make themselves better than others. It's very important that you open your mind and train all different styles, all different martial arts."

BRAZILIAN JIU-JITSU

MARCELO ALONSO

CARLSON GRACIE TEAM

Desert Brawl XVIII

Review by Steve "Spaniard" Roberts

On Saturday April 1, 2006, the Deschutes County Expo Center in Redmond, Oregon played host to the biggest Desert Brawl to date. 2,000 people were on hand for DesertBrawl XVII "Bikes, Babes, and Brawls" and the show was nothing short of amazing. Promoter, J.T. Taylor gave the fans one of the most historic fight cards to date in Central Oregon by bringing two of the best 155 pound fighters in the Northwest to get down for \$4000. In addition, Justin Homan and Metal Mulisha performed two jump sessions of aerial motocross mayhem over the Desert Brawl cage.

Miss Ty Fyre was on hand as well giving us a demonstration in fire management by blowing some of the sickest flames ever spit out of a beautiful woman's mouth!

Down Low Customs brought several custom trucks and motorcycles for the fans to enjoy, including the tough new Desert Brawl Motorcycle with custom graphics and spiked brass knuckles.

METAL MULISHA



MISS TY FYRE



Bikes, Babes, & Brawls

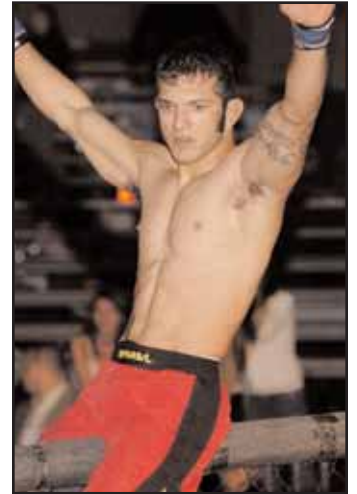
Photography by Mike Rhine & Mike Renouard

The main event had the crowd on their feet for what everyone was saying would be the Desert Brawl fight of the year between the current Desert Brawl Professional 155lb champ **Mike "Pretty Boy" Joy**, and former Desert Brawl, and current 155lb SportFight champ **John "Guns" Gunderson**.

From the start, **Joy** went for take down after take down swooping under the strong striking of **Gunderson**. Clearly **Joy** wanted to take **Gunderson** down to establish his submission game but **Gunderson** neutralized **Joy's** jiu-jitsu by landing some hard elbows from inside **Joy's** guard leaving a huge mouse on the forehead of **Joy**. Shortly after the beginning of the third round **Joy** shot for another take down, and **Guns** delivered a perfectly timed knee that knocked out the champ and ended his undefeated streak.



Gunderson is now a top dog at the 155lb division in the Northwest and has a new challenger on his hands in the likes of former SportFight champ **Cam "Mr. Smooth" Ward**. "Guns" previously met **Ward** at SportFight and took **Cam's** belt; now **Cam** is looking to get some payback!



In the rematch of rematches, DesertBrawl's 205lb Pro champ **Paul "Picnic" Purcell** dropped to 185 lbs to rematch Desert Dog fighter **Justin "Hawk" Hawes**. **Hawes** kept his right hand close to his jaw in an attempt to neutralize **Purcell's** vicious spinning back fist, while you could tell **Purcell** had been working on his ground game since he lost to **Hawes** previously by Kimura. They battled it out for three rounds in a very exciting and technical match. **Hawes** was victorious this time by decision.



In a fight I would consider to be one of the best of the night, Desert Brawl Amateur 155lb champ **Trevor "Hollywood" Harris** defended his belt against challenger **Zach "Bulldog" Jenkins**. These two were set on throwing leather from the start but **Harris** was having a hard time reaching the tall and lengthy **Jenkins**. The fighters battled it out with the fight scored even for most of the fight; yet it was **Harris** who caught **Jenkins** with a tight guillotine choke in the second round that **Jenkins** could not escape.



Crowd favorite **Horace "Wreccing Ball" Spencer** had an unfortunate injury sustained from a very hard kick in the first 30 seconds of his fight with **Rich Guerin**. I was cage side for this one, and let me tell you that kick was extremely hard. You could tell something was wrong the second **Wrecc** put pressure on it trying to defend the take down. **Wrecc** had to verbally submit due to a broken foot and be taken out of the cage by paramedics. However, on the way out, **Wrecc** grabbed the microphone from the cage announcer and shouted out his patented slogan "Whoop, whoop!" to his fans who went crazy upon hearing it. Meanwhile, **Guerin** lands another win as he looks towards his retirement. [Editors note: Check out NWFightScene.com for pics of **Guerin's** retirement fight, held in Yakima in July.]



In other noteworthy action, **Matt Lininger** showed his Jiu-Jitsu skills by choking out his opponent **Dave Cochran** by rear-naked in the first round. **Lininger** seems to be making his way back into contention for a shot at the title. Desert Brawl Heavyweight Amateur Champ, **Trent "Sandman" Standing** retained his title by defeating **Jeremy Allbritton** with a vicious KO at 32 seconds of the first round. After that, **Standing** announced he will be going pro due to the fact that there really isn't much competition left in the amateur bracket for "**The Sandman**". We even saw two female competitors get in there and give us quite a show. Priscilla Waldron defeated Petra Porraz by rear-naked choke after showing great mount skills and then taking Porraz's back to finish with authority.

Visit www.DesertBrawl.com to keep up-to-date and to see streaming video and photo galleries of Desert Brawl events.

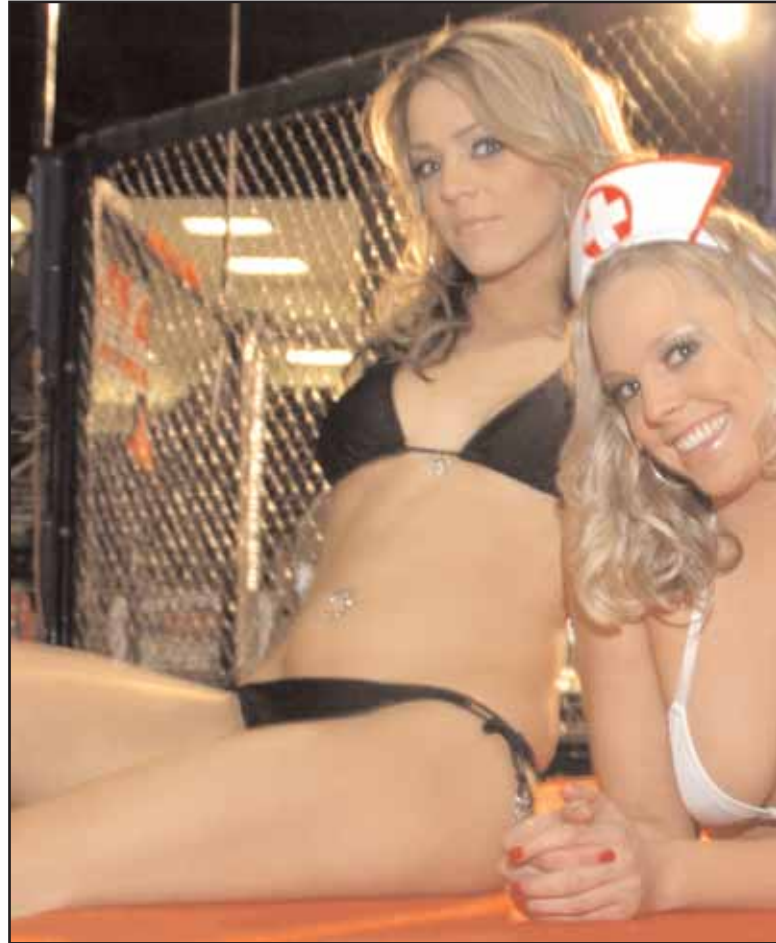
Desert Brawl

Kayt, Shannon & Karina...



Desert Brawl sought out Central Oregon's most gorgeous ladies for their ring girl team. Whaddya' think?!!

K
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A softer side of the fight scene.

Ring Girls

Photography by Mike Rhine



Kayt, Karina and Shannon make it damn hard to notice the flame paint job on the custom Desert Brawl chopper by Down Low Customs.



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Desert Brawl XVIII

Written by Mike Hoernlein

Photography by Mike Rhine



METAL

Justin Homan and Metal Mulisha performed two jump sessions of aerial motocross mayhem over the Desert Brawl cage. Jump after jump, these guys gave the crowd exactly what they wanted as they gracefully hurled their bikes through the air.

If you've never seen the Metal Mulisha boys perform their death and gravity defying stunts, then motor over to their site (www.MetalMulisha.com) for info on their upcoming shows in the Northwest and beyond.

MULISHA



From the inception of Desert Brawl, Shannon, Kayt, and Karina have been the signature ring girl team for the promotion. The Desert Brawl Ring Girls are well known for bringing in a surprise guest ring girl each event and fight fans anticipate seeing Oregon's finest under the shiny lights of the cage. The girls have been close friends for 6 years now.

Shannon, the team's manager, spends much of her time working in the apparel industry. Her travels take her to the locations all over the globe yet she never misses a Desert Brawl event. Apparently she has a pretty good rear naked choke too. She, as well as JT Taylor (DB Founder / Promoter), have both shared the story of when JT playfully yelled out to Shannon at a local club, "Hey – Desert Bitch". The next thing he knew, Shannon had snuck a RNC on him and he was waking up on the floor. "It was all in good fun, but I got him", she proudly giggles in our recent interview. Growing up "the wild one" out of 7 children, Shannon is a very courteous and professional beauty. Popular aftermarket motorcycle accessory site Speedtailz.com named Shannon "Hottie of the Month" for May 2006. No surprise there...

Karina, aka the sultry "Desert Brawl Nurse", is another fun-loving ring girl that the fans love. Strutting around in her sexy nurse's outfit, Karina helps keep the night organized throughout the chaos of an event. Outside the cage, she's very close with her family & boasts a 180 lb English Mastiff as both her child & bodyguard. Karina lives in Bend, Oregon and also works in the apparel industry.

Kayt is a 21 year-old professional make-up artist and does the make-up for the team on fight nights. Kayt loves the attention that being a ring girl brings. While she always plans to be part of the Desert Brawl family, she also aspires to enter the high fashion industry and do make-up for fashion photography, runway models, and more.

This ring girl troupe can be seen at Desert Brawl events throughout central Oregon and in photo galleries at www.desertbrawl.com. These girls keep the action going between rounds & bouts, contributing to the high pace energy of the Desert Brawl production. Now, *this* is entertainment we can sink our teeth into!

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SportFight 15

Review by Mike Hoernlein

Featherweight Title Fight Wilson vs Loveland

In the Main Event of the evening, **Ian Loveland** faced **Enoch Wilson** for the Sportfight Featherweight Title. This match-up had been anticipated for a long time by the Sportfight fans and these warriors delivered the fight of the night! Immediately after the bell to start what turned into an epic grappling match, both fighters engaged each other by striking and then clinching. After **Loveland** dropped a big bomb on him, **Wilson** stood, followed by **Loveland**. **Loveland** got another takedown, but **Wilson** muscled his way to a standing crucifix-style slam that echoed through Portland's Rose Garden Arena! **Wilson** went for a guillotine, then a kimura, but **Loveland** was clearly an escape artist. Without a doubt both were putting on good technical shows. Toward the end of the bout, Wilson got a takedown and attempted a triangle. Loveland escaped and attempted a triangle of his own. Both stood back up where it was Wilson who got the final takedown, took Loveland's back, and locked in the rear naked choke forcing **Loveland** to tap out at 2:57 of the second round as the audience erupted. The evening was an event to experience and to have the final bout as exciting as this one was the perfect ending for the fans.

Wilson with the win.





In earlier action, United Fight Team's "**Fast**" **Eddy Ellis** dominated the bout starting with a strong spinning backkick to Primal Tribe fighter **Ray Peralis'** midsection. **Peralis** showed a great left jab but **Ellis** countered with takedowns and spent a lot of time smashing **Peralis** with forearms after passing guard. **Ellis** worked for position and mounted **Peralis**. After landing several good

strikes from the mount, **Ellis** looked out to the crowd, struck a pose, and then beat his chest like Tarzan. This primeval display made the crowd go nuts. After several submission escapes, **Peralis** tapped out at 4:36 of the third round to a Rear Naked Choke. Another big night for the fighter from Yelm, Washington as **Ellis** takes home the win.

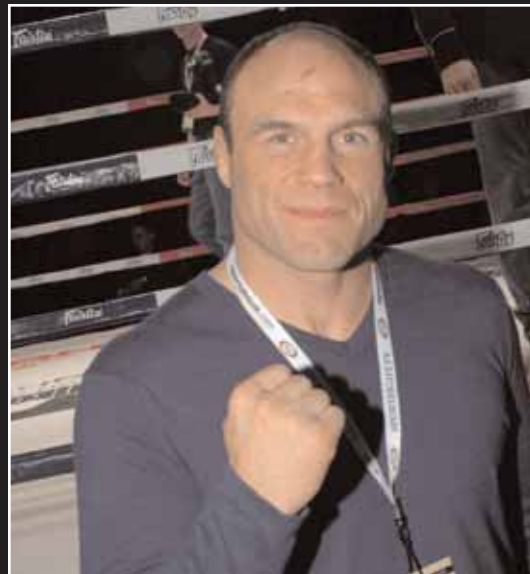
The evening's intermissions treated the audience to an introduction of Team Quest fighters **Ed "Short Fuse" Herman** and **Josh Haynes** from the third season of Spike TV's smash hit, "The Ultimate Fighter". **Herman** retired his Sportfight belt which sparked a buzz of curiosity with the crowd about his results in the already filmed but yet to be shown last few episodes of the show. *(Editors note: Ed did make it through the show to fight in the live broadcast of the TUF3 finale in June. See our interview with Ed on page 40.)*

We also saw a fitting tribute to **Randy "The Natural" Couture**. A synopsis of his history of epic accomplishments with video highlights, along with gifts and an opportunity to speak to his fans was very well presented and was a treat for us all.

Pat Healy wasn't intimidated seeing the infamous Jeremy Horn corner Elite Performance fighter **Brandon Melendez** as both warriors hit pace at full throttle trading strikes & knees. **Healy** attempted a good standing guillotine and jumped guard for leverage, but **Melendez** escaped just in time to stand up and eat a beautiful upkick from **Healy**. **Melendez** delivered punishing blows downwards afterwards as payback. **Healy** then attempted an armlock which resulted in a grappling scramble for leglocks at the end of the first round. The second round started feverishly with both men throwing hard strikes mixed with great submission attempts and escapes. The action was heavy until 2:56 in the second round when **Healy** finished **Melendez** with a Rear Naked Choke.



In the co-main event of the evening, both Team Quest's **Ryan Schultz** and **Dave Cochran** from Decatur, Illinois started fast by delivering heavy leg kicks and strikes, but it was **Shultz** that dominated. After he drove **Cochran** down, **Shultz** put on a quick ground-and-pound display to soften **Cochran** up for the Rear Naked Choke that he soon followed with, which forced **Cochran** to tap out at 3:42 of the first round.



Tribute (noun): To honor or compliment, a mark of respect. *(Mission accomplished)*

SPORTFIGHT 15 - TRIBUTE

Evan Dunham vs Gray Maynard
Maynard by Unanimous Decision

Jon Krohn vs Chris Trammel
Krohn by Unanimous Decision

Mike Dolce vs Peter Aspenwal
Aspenwal by Unanimous Decision

Damion Hatch vs Dominic Rivera
Rivera by Submission (Armbar)

Dennis Davis vs Dave Padilla
Davis by Submission (Guillotine Choke)

Eddy Ellis vs Ray Peralis
Ellis by TKO (Strikes)

Pat Healy vs Brandon Melendez
Healy by Submission (RNC)

Ryan Schultz vs Dave Cochran
Schultz by Submission (RNC)

Ian Loveland vs Enoch Wilson
Wilson by Submission (Armbar)

Randy giving thanks to his fans



FRIDAY Night Amateur Kickboxing



This was the last fight of the night to see who would be the Tri-Cities toughest man in Friday's Kickboxing Tournament. **Kris "Chaos" Shabel** stood right in front of the more powerful **Brandon "Bam Bam" Van Winkle** and proved able to take a punch as **"Bam Bam"** threw the wild leather to stun him a couple of times. **Shabel** recovered quickly and answered right back, landing HUGE leg kicks that visibly hurt **Van Winkle** making him less mobile entering round 2. Both fighters stuck to their styles and the fight turned into a battle of attrition to see who could land and stand through two tough rounds of back and forth offense. Entering Round 3 it was anyones fight, with perhaps **Shabel** ahead on the card. However, it was **Van Winkle** who wound up controlling the round with bull rushes and body shots until he pushed **Shabel** into his own corner, got him into trouble and forced him to verbally quit at 1:11 of Rd 3.

Don't miss the next 2 day Tri-Cities Rumble on September 15th and 16th. Those interested in learning more should visit the XFC website at www.xfightingchampionships.com.

Even with fighters canceling last minute, KO Sports Promoter Marv Treadwell put on a very entertaining show that displayed heart, talent, blood, guts and glory all in one fun filled night. Ring Announcer, Chris Cope, cracked a ton of great one-liners throughout the evening, making it an event to remember.



Kellen Nielson showed power, technique and a taste for the kill. He attacked **Kennewick's Jason Roosevelt** early in Round 1 and he never let up. **Roosevelt** had to answer the bell in Rd 2 with his face covered in blood, but with no intentions of giving up without a fight. **Nielson** was an animal landing continuous power shots forcing the referee to stop the fight at 1:17 Round 2.

The six-foot 220lb **Luis Alejandre** proved to be too big and strong for **Jared Krauzler**. **Alejandre** landed shot after shot and overwhelmed **Krauzler** from the start. Saved by the first round bell, **Krauzler** came out and got blasted with more brutal punishment until he was finally forced to verbally submit to the tough **Alejandre** in Round 2.



Easily the fight of the night, the crowd was ready for the classic, David vs. Goliath match up between **James Breslin** and **JJ Mix**. Giving up at least 7 inches in height and 50+ pounds, Spokane's **JJ Mix** would have to use his speed to stay out of the reach of the larger **James Breslin** from Maple Valley. But to the crowds surprise it was **Breslin** that needed to run from the onslaught of kicks to the leg and stomach from **Mix** along with strikes to the head. **JJ Mix** proved to a very loud crowd that size doesn't matter as he chopped down the big man to score a TKO at 1:11 in Round 2.

Tri-Cities Rumble

Photography by Mike Renouard

After a successful night of Kickboxing bouts, day two of the Tri-Cities Rumble proved to be an even bigger crowd pleaser. The Cage brought out more fans and the fighters put on a great show of MMA action for everyone in attendance.

SATURDAY CAGE FIGHTS



You could tell by the stare down that this was going to be a high-energy fight. Swan Town Brawler **Apaullo Martinez** wasted no time with the take down that gave him the mount. He started raining down punches on Submission Shack's **John Bore**, but **Bore** didn't take too much damage before he reversed the mount and started to drop in strikes of his own while standing in **Martinez's** guard. Bore landed a few solid shots and picked **Martinez** up twice in attempt-

ing a couple slams. Once **Bore** attempted the third slam, **Martinez** slapped on a wickedly fast arm bar with perfection to end the fight at 1:25 in Rd 1.

Next up was a quick bout. After a quick trade of punches and kicks **Jesse McCarty** from Yakima MMA took LeMeque Dojo's **Adam Garcia** down early to ground and pounded his way to victory at 44 seconds in the First Round.



Le Mecque Dojo's **Nick Remer** showed off his wrestling skills with takedown after takedown and getting superior positioning throughout the first round on Submission Shack's **Jeff Dietz**. **Remer** landed a shot on **Dietz** that opened up a cut on the bridge of his nose that paused the action until the ringside doctor let the

round continue. After **Remer** inflicted more damage on **Dietz**, the doctor was forced to stop the fight.

In the Main Event, **Willie Childs** and **Adam Grinder** fought to a draw. Neither man really got enough damage on one another, both taking turns getting takedowns, strikes and submission attempts this was a methodical fight from two warriors not willing to give the other guy an opportunity to win.



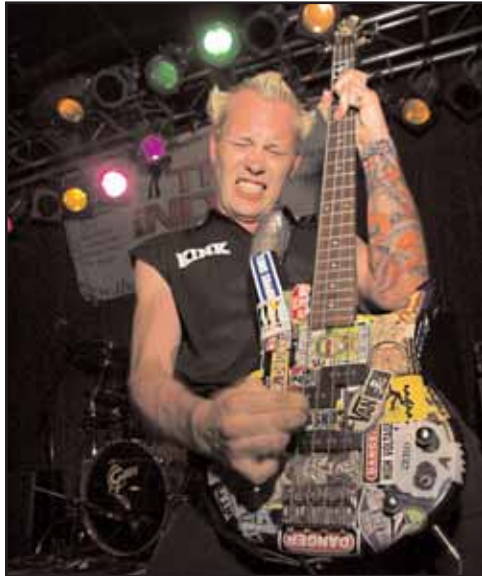
No one this night came into their fight as cool and calm as Pasco's **Alberto Santacruz** in his bout with Swan Town Brawler **Ed Martinez**. **Santacruz** showed no emotion through the whole experience. He came out, ducked under a big punch and took **Martinez's** back to get the tap out after a long fight for the rear naked choke in round 1.



NW NightLife

Written by Aeryn

In the chaotic musical history of Seattle, there have been many ground breaking bands that have emerged out of the city, but there's one of them that stands out from the rest: DragStrip Riot. However, these guys aren't just ground breaking; they're breaking the ground, breaking the rules, and breaking through the sound barriers. These crazy bastards produce the type of sound that could send the Dalai Lama searching for the nearest mosh pit. With the intensity and pure madness that is rock-n-roll, DragStrip Riot will have you hooked, lined and reeled, *and* you'll love every second of it. Some bands have passion, some have heart, some have an incredible sound and some have the stage presence that could keep even quadriplegics on their toes. DragStrip Riot possesses all of these. They've got the intensity of punk, the heart of rock-n-roll, and the soul of blues with the rhythmic stomp of country. Simply put, these boys are headed far beyond "Hometown Hero" status in a hurry.



So what sets these guys apart from other bands? "In a world of white belts, we are the black belts," stated DSR's quick-witted lead vocalist and guitarist, Knuck. "We're playing what nobody else has the guts to write. We fuck up on stage better than most bands in this town play." Some musicians spend an entire career trying to put out a fraction of what DragStrip Riot has to offer: Pure hell bent rock-n-roll in a flaming whiskey bottle set to ignite.

Starting in 2001, this band has been able to attract quite a crowd. Based solely on word of mouth and a diverse base of fans, DragStrip Riot has played in nearly every venue in Seattle with many of them sold out. In all my years of concert-going, I've never seen as many repeat crowd members as I have at a DSR show, and it just keeps growing. Their music has been noticed by many and has appeared on TV shows (MTV's "Made"), Movies (The Legend of the Jersey Devil, Feed Desire, Hotrod Girls Save The World), TV. commercials (Pioneer Square, Kink Clothing), live radio appearances (2 hrs on The Freak Show - 100.7 The Buzz), compilations (Attack Of The Hotrod Zombies, Bad Taste Magazine Sampler, Hotrod Girls Save The World), as well as worldwide radio airplay (their debut CD was voted one of the top 5 albums of 2003 by The Haunted Cathouse Radio show in San Luis Obispo) and their name in print in numerous magazines (Bad Taste - Poland, The Tablet, Ol Skool Rodz, Exotic Underground, Disheveled, CK Deluxe, and many more). Hell, even their t-shirt has made two episodes of FoxTV's Jackson Horn, worn by the main character of the series. These guys are everywhere and they're just getting started.

Throughout the course of DragStrip Riot's joyride through the music scene, they've had members come and go. Everyone has their niche, and it's apparent that these guys have found their place on the stage. Never before have three musical geniuses fit together so perfectly. With Knuck on lead vocals and guitars, Nils Scurvy on bass and backing vocals, and James Beam on drums and screams, it's like watching an auto wreck of juggernauts producing musical mayhem. If there's one thing that I had to say that stands out in my mind about this haphazard populace, it would without a doubt be their stage presence. Every time, without fail, these insane acrobats put on a performance that would give Barnum and Bailey a run for their money. There is never a lack of intensity on stage from any of the members, and often there's even random fire breathing from the band's bassist, Nils Scurvy.

If you want to go see a nice, wholesome, good ol' typical show, avoid DSR at all costs. DragStrip Riot is lyrically brutal, emotionally powerful, and loud as hell. Their lyrics have a way of seeping into your soul and igniting whatever lost or out-of-control feelings you may have had into flames. You'll inevitably find yourself completely drawn in and mesmerized by the utter might that is projected from every ounce of this band.



I've seen people that would normally be at home watching Jeopardy give into the madness and join in on the DSR mosh pits. I've seen girls scream for them like it was a Beatle's show in the 60's, which is actually fairly typical. I've seen all this and more, and it just keeps getting better. There is not a single redundant or tacked-on thing about these guys. When you're this genuine with your music and attitude, the audience will follow.

If all of this wasn't a good enough reason to get you off your ass and out to a show, then go for one other thing: Knuck's comedic ranting. His jokes and wisecracks will make you laugh well into the next song. You'll hear things like, "A girl once told me that I had a God complex, and I said, 'Bitch, don't ever take my name in vain.'" Another fave? "Thanks for coming out, we were great."

Multiple pressings of their self-titled debut have sold out on the Go-Kustoms record label, and the boys are gearing up to hit the studio again this September in a big way... by bringing on legendary producer Jack Endino.

I sat down with these rather eccentric individuals for a little chat in an attempt to uncover the mystery behind the madness.



NWFS: So what sets Dragstrip Riot apart from the other rock-n-roll bands around Seattle?

Knuck: Our attitude, our musicianship, our style. We're a combination of four different types of music, and we bring it together in one big musical Armageddon. That, and we're fucking sexy. Sometimes I don't think that Seattle can handle us.. We're too much rock for one gland.

NWFS: What have been some of your major influences in your music?

Knuck: Hatred.. I'm an angry guy. Outlash- It's my catharsis. Don't get me wrong, I live with the girl I wrote 'The Damage Done' about. We're just edgy enough to make grandmas on the bus hate us.

NWFS: How do you feel about bands being labeled into a certain genre of music? What do you think about some of the new genres that have come about in the music scene?

Knuck: To label music is indicative of one's ignorance. Everyone's always gunning for a way to market something...It's inevitable. New bands are what they are.. I don't hate emo bands, I just think they need a good ass fucking.

NWFS: What are some of your favorite moments as a band?

Knuck: We set fire to the air vents in the Chop Suey when Nils was breathing fire. We got deported out of Canada, kicked out of strip clubs, and yet our favorite moments have been back stage.



The boys in DSR are currently immersed in the taping of a new reality television series called The Indie Show. In their first live taping, shot at Neumos in Seattle, DragStrip and their fans made a strong impression on the producers and have advanced to the semi-finals. You can't just simply watch a DragStrip Riot set, this is more like The Rocky Horror Picture Show. You learn the songs, learn when to throw your fist, jump up and down, sing the lyrics, chant the band name, and eventually beg for more.

To keep up-to-date on band news, hear MP3s, and get show schedules, visit their website (www.DragStripRiot.com) and their MySpace page (www.myspace.com/dragstripriot).

I could go on and on about Seattle's best rock-n-roll band, but it would never compare to actually seeing them live. They're more addictive than heroin, more powerful than a stampede, and funner than Keith Richards in a wine cellar. They're pure hell-bent hot rod rock-n-roll, the way it was meant to be.

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AX FC #111



In the latest edition of the longest running MMA event in the Northwest, promoters Aric Wiseman and Charles Pearson put together an evenly matched fight card of 1 Kickboxing, 1 Muay Thai, and 8 Pankration bouts that included 2 AX title belts up for grabs. Malembe Gonzales of Charlie's Combat Club took the vacant AX Super Heavyweight Title by decision in a 5 round war with Ishan Sitchaisai fighting out of Chaisai Muay Thai Club. In the AX Middleweight Pankration Title bout, Bad Intentions Fight Team's Bryan Carroway took the belt away from C3's Jason Chuckulnaskit by rear naked choke in round 2. In other noteworthy fights, C3's Kale Bradford continued his string of quick convincing wins by taking out Elijah Faye with a RNC in round 1. And in a very exciting Muay Thai rematch, Alex Zuniga outlasted Sakara Sitchaisai in a fight that took an extra round to declare the winner by decision. UFC veteran fighter, Chris "The Crippler" Leben, was on hand to take in the fights as was NW fighting legend, Matt Hume. Visit the AX FC website (www.AxFighting.com) for the latest news and details on upcoming AX fights.

Check out the NWFS website (www.NWFightScene.com) for more great photos from this night & other recent AX events.



UFC fighter, Chris "The Crippler" Leben, gets some love from the crowd.



The lovely Ring Girls



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Impact

Photography by Mike Rhine & Mike Renouard



Bryan Carroway defeated Jason Chuckulnaskit to take the AX 155lb Pankration Title

Malembe Gonzales defeated Ishan Sitchaisai to take the AX Super Heavyweight Pankration title

championships



NW Spotlight

Interview by Steve "Spaniard" Roberts



'SHORT FUSE''

NWFS: Ed, first off, on behalf of everyone at NW FightScene, thanks for this interview and congratulations on a wonderful showing of heart to still land the contract for the Ultimate Fighting Championship.

Short Fuse: Thanks a lot.

NWFS: So what is the real Short Fuse record?

Short Fuse: Well it says on Sherdog that I am 13-3, but I am still trying to figure out who that 13th win is against, so I guess you could say I am 13-3 even though I won against Danny on the show. But, that doesn't count because it was only 2 rounds so it was considered an exhibition fight.

NWFS: How did you get your start in Mixed Martial Arts?

Short Fuse: I got my start as a fan watching the UFC with my dad when I was like 15 or 16. My dad wrestled in college for Iowa and he got me watching the UFC, and then it just went from there.

NWFS: How did you end up at Team Quest?

Short Fuse: Well I moved to Portland, Oregon when I was 18, still a fan of the UFC, still following the sport, when I hooked up with a gym called Straight Blast and trained there for about 2 months. I had heard of Team Quest, but I didn't think you could just walk in. I thought you had to be invited, you know, all special like that. Then a friend of mine called me up because he was training there, so I went down the next day with him and trained with Robert Follis, the head coach and that was it man, I switched gyms and never looked back.

I started training for fun at first, trying to get back in shape. I was smoking, not in shape, and not eating right. Then I started to get my shit together, and decided I would fight once to see if I liked it so I did. I won my first fight, which was a B class fight, so I couldn't use close handed strikes. I came out and knocked the crap out of him with an open hand and then tapped him out. You know, kind of like what I do these days.

NWFS: How did you get the nickname Short Fuse?

Short Fuse: Actually, it started in high school during wrestling, I would blow up in practice. But a friend of mine at Team Quest, Chris Leben, gave me the name when I was fighting in the Full Contact Fighting Federation and they announced me as Short Fuse. I didn't like it at first but then a lot of my friends thought it was perfect and after awhile it just stuck.

NWFS: What is it like to train at Team Quest with all those top level fighters? I mean there are a lot of guys people do not even know about.

Short Fuse: Ya, it is really nice to have a lot of top level fighters to train with especially as an amateur. I started training with Randy [Couture], Leben, and all those guys in the beginning, but now Randy is gone, Leben's gone, and so is Evan Tanner. So we've lost some guys over the years, but I still got a lot of time in with those guys. Now we got Matt Linland, Chael Sonnen, and a lot of young guys coming up like Ian Loveland, John Crow, Chris Wilson, and we still have head coach Robert Follis, the man behind the magic. He really doesn't get the respect he deserves, because he has been the one who has been there behind all of us since day one making things happen.

NWFS: Tell us what goes on inside the mind of Short Fuse pre-fight?

Short Fuse: Um, all kinds of shit man. You know that is the hardest part probably, the last fifteen minutes really can mess with your head and you can't let your head get to you because you will be playing head games with yourself. You start asking yourself why the hell you're doing this, or what if you win, what if you lose. You know probably the hardest part is the mental preparation before you step in the cage, but once the bell rings I'm fine, but before the bell rings it is definitely rough.

NWFS: It has been said you have an issue with tapping since in 2 of your losses you went to sleep. Is this true?

Short Fuse: Hell yes I have an issue with tapping. Obviously.

NWFS: What did it take for you to get on The Ultimate Fighter show? I heard you tried out for every season.

Short Fuse: Ya, I tried out for the first season with Leben and Nate [Quarry] but they said I was too good looking. I'm just kidding. Actually, I don't think I was as well known as the other guys, and the second season I told Dana White I was 220, but I lied. I was only 210. I was trying to put on some weight because I really wanted in. I just wasn't big enough to fight heavyweight and Dana said he would bring me back for the third season. Then they stuck to their word so everything worked out right.

NWFS: What was it like being stuck in the house with all those fighters?

Short Fuse: It was rough man. It was like being on house arrest, not that I've ever been on house arrest, but you know we were locked in house and not allowed to leave or talk to our girlfriend or family. We couldn't watch TV or go out and have a drink. We couldn't do nothing, not even go to the store. We were at the gym training or at the house. Anything we wanted they brought to us, but it was rough being there you know, with 15 other guys. You know you almost love them like brothers, but you hate them at the same time. But I made 15 friends on the show at the same time. It was hard because you become friends with people you know you will have to fight later. Kendall and I were really tight on the show, but we both have a job to do and after that we will be friends again. The whole experience was nuts man, nothing like I expected.

NWFS: So, when it comes to bubble baths are you a Mr. Bubbles man or do you just go ghetto and use soap?

Short Fuse: Good one. I am poor man. We used dish soap. It bubbles up nice.

NWFS: There is a lot of criticism of Shamrock as a coach. What are your thoughts on that?

Short Fuse: Ya, there is a lot of criticism of Shamrock as a coach. You know, he kind of did it to himself. He made himself look like an ass sometimes but at the same time he is a really good guy and he meant well.

NWFS: So what is the deal with you and Tito?

Short Fuse: You know I was really bummed he didn't pick me because he was my favorite fighter growing up, and I was looking forward to training with him. I definitely wanted to train with Dean and Sol, his two coaches, because I knew them and really wanted to train with them. I was just bothered. I really thought he would pick me. But I got some revenge when I beat up two of his guys and made fun of his skinny legs. Plus, he gave me a little respect in the end. That was cool.

NWFS: Your two fights leading up to the TUF3 Finale, tell us about them.

Short Fuse: I just got the job done you know. Being on the show really messes with your head. I wasn't in the best shape or fought the best fight but I got in there and got the job done in both fights. Danny kind of caught me, so everybody can shut up now because he hit me with a good shot and I didn't go down. So any questions on my chin should have been answered in that fight. Roy gave me a tougher scrap than Danny but I knew if I broke his will I would win. And I did. I broke his will and took the submission.

NWFS: What was it like leading up to the finale fight?

Short Fuse: It was rough man, a lot of hype and it kind of messes with your head. I will be glad when it is over and I can just have a regular fighter's career.

NWFS: Tell us your thoughts about the fight with Kendall Grove?

Short Fuse: It was a tough fight you know, I fought a good fight but I guess not well enough. I was pretty upset that I couldn't finish him. I thought I would be able to finish him. I fatigued a bit. I don't know why, I just did. We were fighting hard you know and then I lost the decision which I'm not really very happy with. But I guess he was in a better position at the end of the fight when the bell sounded. I still think I did enough to win the third round. I gave him the second and I obviously took the first, but whatever, I am not taking anything from Kendall. He's the man. He beat me.

NWFS: Dana White says you're getting a contract with the UFC. Is this true?

Short Fuse: Ya. I haven't seen the paperwork yet but he is still saying its mine.

NWFS: So how did that feel?

Short Fuse: After I lost, I was pretty bummed about losing and I was extremely exhausted. I could barely walk. I mean there was a lot of emotion, but I was definitely happy to get the contract. It still sucks losing though. Sometimes I think I would rather have the win then the contract.

NWFS: So what is next for Short Fuse?

Short Fuse: Well I would love a rematch with Kazuo Misaki. He beat me in Japan in a Pancrase show and just beat Phil Baroni. I heard he might be coming to the UFC and I'd love to avenge that loss.

NWFS: Well Ed, thanks again for the interview. You got any sponsors you would like to thank?

Short Fuse: Ya, I'd like to thank Warrior Wear Clothing, StrengthCoachOnline.com, and my strength coach Mike Dolce and everyone that helped me prepare for this fight. Thanks to all my fans that've supported me through the show and my career. I hope I represented the Northwest well. Make sure to check out my website at www.EdHerman.tv. Thanks.



NW Spotlight

Interview by Chris "The Rolling Reporter" Hoernlein



SmackGirl Lightweight Title Fight
vs world-class fighter, Yuka Tsuji
April 22nd, 2006 - Osaka, Japan

Cami is a Licensed Massage Practitioner and owns Blue Ribbon Massage. For sports therapy massage, or simply to eliminate sore muscles, Contact Cami by email at heavenlyhands04@yahoo.com

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On my way from Seattle to meet Cami "Hostile" Hostetler at Arlington Kickboxing Academy where she trains, I actually saw a "Hay for Sale" sign, telling me I'm no longer in the big city. That's fine by her, because Cami loves to ride horses, stating it's one of the few things that keeps her from fighting outside of the ring. Although Cami is fairly new to the fight scene, she's landed some pretty high profile bouts already, including a bout sponsored by Pride Fighting Championships and a recent shot at the Smack Girl Lightweight Title in Japan.

Cami grew up with plenty of support and love from her mother, grandmother and recently deceased grandfather. "I gotta give my brother some props and recognition too, cause he's a big part of my life and a big part of my fighting".

Cami went to support her brother Josh "Crazy Legs" Hostetler at his first fight, and she found herself yelling, screaming and thinking to herself, "I could do this." Even without her brother's initial support of the idea, she quickly made a phone call to Landon "The Show" Showalter and left him a message telling him who she was and that she wanted to fight because "who doesn't like a good chick fight?" Showalter began her on a training regimen, but it wasn't until her brother Josh saw how serious she was about training that their relationship grew so strong. After the typical sibling squabbles with one another growing up, they found an unmistakable bond when they discovered Mixed Martial Arts.

Cami: ..and now we are the best of friends. We're all buddy-buddy.

NW FightScene: Who would have thought 'fighting' would bring you two together?

Cami: *(laughs)* I know, isn't it ironic?

NWFS: What does your family think of you fighting?

Cami: Well, basically it's just my mom and my grandma. They both support it, but they really don't want to see me get injured.

NWFS: Does your mom come to your fights?

Cami: She does. She loves & supports it. She's always supported us in everything we do.

NWFS: How long have you been fighting?

Cami: This past June was 2 years. It was 3 months into my training that I had my first fight. I'll always remember the date because it was September 11th.

NWFS: What was it like in that first fight? Were you fearful?

Cami: In my first fight I was confident in myself, but I really psyched myself up about the fight itself beforehand.

NWFS: Do you still work yourself up before about?

Cami: No. I used to, but in my last three fights I've been calmer mentally. That helps me do what I need to do physically, as well as listening to my corner better.

NWFS: What do you consider your strengths?

Cami: My heart, I have a lot of heart.

NWFS: What's the difference between a win and a loss? Is it how much you drink afterwards?

Cami: *(laughing)* You know, as long as I know I did my best it doesn't matter if I win or lose. If I know I did my best, I always win.

NWFS: So growing up, did you only get in fights with your brother, or did you get into some scraps at school as well?

Cami: Oh yeah, I use to get in a lot of street fights.

Cami Hostetler

Photography by Mike Rhine & Mike Hoernlein

NWFS: So you were a troublemaker?

Cami: I was when I was a teenager. I was immature and I would go looking for fights. It's always the smallest person looking for fights right? *(all laugh)* Regrettably, I got into a quite a few fights in school. But as soon as I turned 18, I stopped fighting because I matured... and didn't want to go to jail.

NWFS: How would you like to end a fight in the ring?

Cami: By Knockout of course. But I don't go into the ring with tunnel vision, any win is fine by me.

NWFS: What's your favorite submission?

Cami: The triangle choke.

NWFS: What kind of music do you like to train to?

Cami: Well if it's up to me, and not Landon playing death metal, *(laughs)* it would be dance, or old school rap.

NWFS: Well you *should* be listening to Pantera, especially "Fucking Hostile" I want that to be your new intro song, if you get anything from this interview, it's that song. I'll always root for anyone coming out to Pantera.

Cami: I'll remember that. *[Editor's Note: Cami clued us in that she recently used the song for her SmackGirl intro in Japan.]*

While on the subject of intro songs, she humorously said she actually likes classical music as well, and thinks it would be funny to come out to a cool classical tune for one of her fights.

NWFS: Who's your favorite MMA fighter?

Cami: My brother [Josh "Crazy Legs" Hostetler].

NWFS: How about your favorite pro fighters?

Cami: Landon [Showalter], because of his heart, Forrest Griffin because he's very entertaining, and Chris Leben because I have trained with him & got to know him a bit personally... and because he's crazy. *(laughs)*

When I asked her if she could train with anybody, who would it be and why? She replied with Matt Hume, because of the outstanding reputation he has amongst everyone she trains with. She made very clear though that she has no interest in ever leaving her team, but would value training from anyone at anytime.

NWFS: What's a regular week for you?

Cami: I usually ride horses two to three times a week. I go to the gym 2-4 hours a night, 5-6 days a week, so my nights are always taken up at the gym. I also do massages here and there.

NWFS: Leading up to a fight is there anything different you do to prepare?

Cami: Train and sleep more.

NWFS: Cut back on the horseback riding?

Cami: No, actually that keeps me sane. No matter what I'm going through, if I ride a horse, it takes away all my stress.

NWFS: So you like to give massages, you're actually a Licensed Massage Practitioner (LMP) right?

Cami: Yes, actually I massage horses too. I went through Equine Massage school. *(laughs as I make an inquisitive face)*

NWFS: You went to *what*?

Cami: Yeah, I got a large animal massage license.

NWFS: So you can massage Bob Sapp now...

Cami: *(laughs)* That was a good one. Equine massage is getting more popular, but I don't get to do it as much as I'd like. There's a lot of money in it, especially if I go to a racetrack. If I could get in with a million-dollar barn, I could be a million-dollar baby.

NWFS: Except for the part where the woman dies in the end.

Cami: *(laughs)* Yeah exactly, but you never know, I could get kicked in the head or something...

Well, she may not be a "million dollar baby" just yet, but the only person that's going to get kicked in the head is Cami's opponent. Keep an eye out for this pint-sized powerhouse with a huge heart. The "Twins" Cami and Josh are both quickly making names for themselves and I suggest seeing them both fight, whether or not you are a fan of the sport, as you will be entertained.



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